



## WELCOME,

Jindokai Karate-Do is a Traditional Shotokan Dojo; with two branches in Adelaide's Northern Suburbs.

We aim to share, and spread the practice of Traditional Japanese Shotokan Karate, inclusive of the discipline, values and traditions, as it were originally intended.

Jindokai Karate-Do is fully affiliated, and accredited, with the Australian Government's 'Peak Body' for Karate; the Australian Karate Federation – Guaranteeing the highest quality, and best trained Instructors, for our members.

## SESSION TIMES / LOCATIONS:

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  |
|---|---|---|---|
| DENISON CENTRE<br>Mawson Lakes                            | SWALLOWCLIFFE<br>SCHOOL<br>Davoren Park                   | DENISON CENTRE<br>Mawson Lakes                            | SWALLOWCLIFFE<br>SCHOOL<br>Davoren Park                   |
| NOVICE CLASS<br>6:00pm to 7:00pm                          | NOVICE CLASS<br>6:00pm to 7:00pm                          | NOVICE CLASS<br>6:00pm to 7:00pm                          | NOVICE CLASS<br>6:00pm to 7:00pm                          |
| MAIN CLASS<br>Intermediate & Advanced<br>7:30pm to 9:00pm | MAIN CLASS<br>Intermediate & Advanced<br>7:30pm to 9:00pm | MAIN CLASS<br>Intermediate & Advanced<br>7:30pm to 9:00pm | MAIN CLASS<br>Intermediate & Advanced<br>7:30pm to 9:00pm |

**\*\*\*No training on Public Holidays**

## PAYMENT OPTIONS:

### OPTION 1 – "CASUAL SESSION PAYMENTS" - \$10.00 PER CLASS – CASH – Every Session

- \$10.00 per session / per person
- NO FAMILY DISCOUNT AVAILABLE

### OPTION 2 – "PRE-PAID" - \$25.00 PER FORTNIGHT – DIRECT DEBITED

- ALL SESSIONS ARE INCLUDED.
- Family Discounts available (see scales below)

## FAMILY GROUP DISCOUNTS: (Fortnightly Payments)

We are a 'Family-Based' Karate Club; and, encourage Family Groups to share their time in the Dojo, together. To assist this; we offer significant price-breaks on 'Family Group Discounts'.

| Individual | Family x 2 | Family x 3 | Family x 4 | Family x 5 | Family x 6 | Family x 7 |
|------------|------------|------------|------------|------------|------------|------------|
| \$25.00    | \$50.00    | \$54.00    | \$58.00    | \$62.00    | \$66.00    | \$70.00    |





## AGE GROUPS CATEGORIES:

| TIGER-CUBS<br>6yo to 8yo  | JUNIOR<br>9yo to 12yo | CADETS<br>13yo to 17yo | ADULT<br>18yo & Above |
|---|-----------------------|------------------------|-----------------------|
| <ul style="list-style-type: none"> <li>• <b>Children under 8 years of age</b>; remain the responsibility of their parent, whilst at training.</li> <li>• Unaccompanied Children will be asked to SIT-OUT of training, until their Parent returns.</li> <li>• <b>Children MUST be 8yo, or above, to participate in the 'REGULAR CLASS'</b> (unless accompanied by a 'responsible, older family member').</li> <li>• <b>ALL Members</b> – are encouraged to train twice per week – as a minimum.</li> </ul> |                       |                        |                       |
| NOVICE  | INTERMEDIATE          | ADVANCED               |                       |
| White, Yellow, Orange   | Green, Blue, Purple   | Brown / Black          |                       |

## GRADING TESTS - COLOURED BELTS (KYU-GRADES):

- Three **Kyu Grading Tests** (colour-belt tests) per year
- There is a "**Minimum number of sessions**" required, to be eligible to participate in a Kyu Grading Tests
- Kyu Grading Test Fee: **\$60.00** (includes belt)
- **Grading Payment Envelopes** are available at the Dojo, prior to each Grading Test

## GRADING TESTS – BLACK BELTS (DAN-GRADES):

- **Dan Grading Tests** (Black Belt tests), are scheduled on an "as required" basis (Black Belt attempts, **MUST** be referred by the Instructor)
- To attempt a Black Belt Test, Participants must be at least 15 years of age ('Junior Black Belt' is available for participants that are younger than 15yo)

## SEMINARS:

From time-to-time, we organise for High-Grade, Karate Masters to visit our Dojo.

We generally try to schedule these SEMINARS at a time that it will have minimal impact on other responsibilities.

**IT IS HIGHLY IMPORTANT**, that when these SEMINARS are scheduled; you **MUST** make every effort to attend.

- We try our **BEST** to keep the costs of these events to a minimum; to encourage participation.
- These SEMINARS are for your benefit; we provide them to enhance your Karate experience.

**PLEASE, do your best to support opportunities that are provided by the Dojo – Thank you.**

## COMPETITIONS / TOURNAMENTS:

Competitions & Tournaments are part of Karate; although, not our highest priority.

We do our best to provide Competition experience opportunities for our Members that are interested.

Participants that are interested in competing in tournaments will need to purchase various 'Competition Safety Equipment' (order form available from Sensei).

**ALL NEW MEMBERS RECEIVE**

# **2-WEEK FREE TRIAL**

